

Learning through Play

Blocks and Building Play

- Develops early math concepts in areas such as: depth, height, volume, length and area
- Enhances early literacy skills through shape recognition, differentiation of shapes, labeling and vocabulary
- Encourages problem solving, divergent thinking and logical reasoning
- Enhances early science skills in areas such as: weight, gravity, and balance
- Develops coordination and muscle skills
- Fosters autonomy, initiative and a feeling of competence
- Creates positive interactions with peers through cooperation, negotiation and compromise

Dramatic Play

- Encourages social interactions and language development
- Promotes healthy attitudes towards family members
- Fosters cooperation, sharing and turn taking
- Enhances creativity and supports imaginative thinking
- Encourages problem solving, divergent thinking and logical reasoning
- Supports the expression of feelings and helps build problem solving skills
- Develops coordination and fine/gross muscle skills
- Supports role play and the acting out of life roles
- Encourages responsibility and respect

Art and Creative Play

- Develops fine motor skills and hand-eye coordination
- Encourages creativity and imagination
- Enhances early literacy skills and early math skills
- Develops skills such as cutting, folding, and pasting
- Fosters expression of feelings and builds self-esteem
- Allows experimentation with colours, shapes and textures

Table Toy Play

- Develops/refines hand-eye coordination
- Enhances sequencing, classification, and matching skills
- Develops fine motor skills (writing)
- Enhances early number and letter recognition
- Encourages logical thinking and problem solving
- Creates positive interactions with peers through socialization and cooperation
- Fosters autonomy and a feeling of competence

Discovery Play (Sand/Water)

- Develops fine muscle control
- It provides a sensory
- Experience
- Allows for solitary or group play
- Promotes skills relating to measuring, estimating, comparing, and pouring
- Fosters a sense of success
- Develops concepts around, heavy/light, large/small, wet/dry, and volume/mass
- Enhances language development through words like float, sink, liquid and solid

Active Gross Motor Play

- Develops large muscles ‘
- Develops coordination
- Fosters self confidence and a sense of accomplishment
- Builds social skills through turn-taking and team work
- Builds on language concepts; under, over, around and through

Early Literacy Experiences

- Develops language and vocabulary
- Fosters an appreciation of books, rhymes and songs
- Introduces left to right orientation, page turning and patience
- Promotes imagination and creativity
- Develops listening and memory skills
- Can be enjoyed alone or with others develops fine muscle skills through finger play

Music and Movement Experiences

- Develops sound and rhythm discrimination
- Enhances vocabulary and speech developemtn
- Fosters an appreciation of body awareness
- Develops fine and gross motor skills
- Encourages creativity and imagination
- Fosters confidence and self-esteem
- Can be enjoyed alone or in a group