



Prayer

To the East, the place of insight and rebirth, I send a prayer.

To the West, the place of death and wisdom, I send a voice.

To the North, the place of clarity and cleansing, I offer respect.

To the South, the place where the Creator spirit, dwells and teaches healing and the spiritual powers of plants in the green place of reproduction and regeneration, I sing a song.

To the Four Winds, I cast my spirit, open my heart, release my soul, and surrender to my destiny.

Grant me the wisdom to understand the sacred in nature.